

# Turkey Pinwheel Bento Box

**2 Boiled Eggs**  
140 Calories  
10g Fat  
0g Carbs  
12g Protein  
\*0g Fiber

**1/2 Cup Grapes**  
30 Calories  
0g Fat  
8g Carbs  
0g Protein  
\*0g Fiber

**Xtreme Wellness Wrap**  
50 Calories  
1.5g Fat  
15g Carbs  
5g Protein  
\*11g Fiber

**2 Tbsp Light Ranch**  
60 Calories  
5g Fat  
4g Carbs  
0g Protein  
\*0g Fiber

**2 oz Deli Turkey**  
50 Calories  
1g Fat  
2g Carbs  
9g Protein  
\*0g Fiber

**3 oz Carrots**  
35 Calories  
0g Fat  
8g Carbs  
1g Protein  
\*3g Fiber

**1 Slice Sandwich Cheese**  
50 Calories  
4g Fat  
2g Carbs  
2g Protein  
\*0g Fiber

**1/2 Cup Spinach**  
10 Calories  
0g Fat  
1.5g Carbs  
1g Protein  
\*0g Fiber



## Nutrition Profile

**Calories - 425**  
**Fat - 22g**  
**Carbohydrates - 41g**  
**Protein - 30g**  
**\*Fiber - 14g**



@zachcoen

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