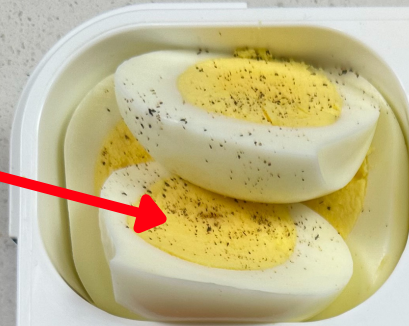


Mixed Lunch Bento Box #3

2 Boiled Eggs
140 Calories
10g Fat
0g Carbs
12g Protein
*0g Fiber



11 Mini Pretzels
60 Calories
0.5g Fat
12g Carbs
1.5g Protein
*0g Fiber



2 oz Turkey Deli Meat
50 Calories
1g Fat
2g Carbs
9g Protein
*0g Fiber



1/2 C Grapes
52 Calories
0g Fat
13.5g Carbs
0.5g Protein
*0.5g Fiber



1/2 Bell Pepper
16 Calories
0g Fat
3.5g Carbs
0.5g Protein
*1g Fiber

2 Cheddar Cheese Bars
160 Calories
14g Fat
0g Carbs
10g Protein
*0g Fiber



Nutrition Profile

Calories - 478
Fat - 26g
Carbohydrates - 31g
Protein - 34g
***Fiber - 2g**

   @zachcoen

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