

THE BRAIN CHRONICLE

FEBRUARY EDITION | 2023

Hello Brains & Hearts!

Holy moly... two (three?) months have already gone by! We originally were going to start this newsletter by saying Happy New Year, and suddenly, it's February March! 😄

~~Last month was~~ The last couple months have been a 🤮 show. Thank you so much for being patient with us. In a series of unfortunate events...

- Our Community Manager caught Covid and was wiped out for a while,
- Our Operations Manager had an ADHD medication issue that (*in her words*) “melted her brain” and then wound up getting sick right after, and...
- Jessica McCabe had to miraculously edit 6 whole chapters of her book and turn them into her editor before a January 31st due date...and is now having to finish the entire rest of the book by March 31st...

... So yeah... 🤖 show. This month you'll notice that the Chronicle mostly looks the same, but at the bottom we've listed both the January and February videos together so that you wouldn't miss out on anything!

PATREON PERKS

Everyone

Good day, everyone!

Are you trying to find your benefits? Not sure how to access something? Feel free to ask! We did our best to make the perks easy to find, but it doesn't mean it succeeds all the time. However, we are happy to help! We also have a pinned FAQ post here on Patreon that may be able to answer some questions, as well.

Behind The Brains

Howdy, Behind the Brains-ians!

Been playing some Minecraft? If so, you may have noticed our latest update!

You can now level up MMO-like skills on our Minecraft Server! If you've been having some fun with these skills, be sure to let our Admins know. 😊

And be on the lookout for further updates! Currently, Owl & Marauder are working on a system to unlock more server perks. They also want to open up more avenues for self-expression with a plan to implement some exciting new decorative features! We do not have an ETA for these yet, so be sure to keep up to date with Minecraft Announcements via our [🔗 #mc-announcements](#) channel on Discord.

SUPERbrains

Greetings, SUPERbrains!

Remember January's SuperPoll? The winning short was **What to do when it seems like ADHDers don't show care to others when we actually do!** Don't remember it? No worries, you can check it out here! [🔗 Clicky](#)

February's SuperPoll was a bit special due to a mishap. We posted a vote for what type of book excerpt you all would love to see! The results? An excerpt from **How to (Executive) Function** and particularly from the **What Jess Learned** section! Wish to check out that poll? You definitely can! Just click here: [🔗 Clicky](#)

Do you feel you may have missed when the February winning result was posted? No worries, we've got a link for you here to make it easier to find! You can view it here: [🔗 Clicky](#)

Did you enjoy having something new to vote on that wasn't Shorts? Let us know in the comments on Patreon!

Wonderbrains

Hello, Wonderbrains!

January's Behind the Scenes clips are available! Did you happen to miss the post? Not to worry, we got you! You can find it here: [🔗 Clicky](#)

February Behind the Scenes was a bit different, too! Ever wanted a sneak peak at a chapter of a book that isn't published yet? Well, now you can! Didn't see the post? You're totally fine! We got it for you here: [🔗 Clicky](#)

Let us know what you enjoyed! Let us know what you'd love to see more of!

Brain Board

Salutations, Brain Boardians!

Thank you to everyone who attended January's livestream, and we missed those of you who were unable to attend! 🧡 Do not despair, though, for the livestream is recorded and you can still enjoy the content at your leisure. And we hope to see you

at the next one. 😊

You can find it here: [🔗 Clicky](#)

And also thank you to everyone who attended February's livestream! Going over some book stuff every so often during these livestreams has helped immensely, especially we the deadline gets closer! Missed it but still interested in watching it and commenting on it? Absolutely! You can find the recording here: [🔗 Clicky](#)

WHAT WE ACCOMPLISHED

- Jessica spent a week and some change at a writing retreat finishing up the first half of the book AND somehow miraculously turned it in to her editor!
 - As mentioned in the Behind the Brains' section of Perks, we have added MMO-like skills to our Minecraft server!
 - We brought on a new video editor named Karen who is amazing! Thanks to your support, we're able to start expanding our team so we can bring you more content and helpful resources!
 - We held a Game Night on Discord for our Behind the Brains & higher patrons! It was a lot of fun and we had a great time. We're looking into doing another one in the future, and we will announce when it will be once we find a date. 😊
 - We've been able to take care of our team as they've gone through a lot of challenges in the last few months. Because of the support we receive from all of you, our team members have been able to take sick or personal leave without having to worry about not being able to pay their bills. It means a lot to us that we're able to be a mental health friendly company.
 - Lots of other things that we... uh... can't fully remember right now. 😊
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OUR LATEST VIDEOS

January's Featured Video!
"Reacting to the Official Anti-Planner"
[ft. Dani Donovan]



You can watch the video here!: [🔗 Clicky!](#)

Other January Video Releases

- [How This Type of Therapy Can Be Helpful for ADHD](#)

February's Featured Video!

“How to Accomplish Long Term Projects with ADHD”



Wanna watch? You can do so here! [🔗 Clicky](#)

Other February Video Releases

- [10 Tips to Make your Tabletop RPG Game More ADHD Friendly! \(Ft - Elizabeth Kilmer\)](#)