

All Is Calm



The 'All Is Calm' sock pattern is the first in my Platinum Collection Series. This first pattern is available to all of you, our podcast patrons, as a thank you for all your kindness.

A further three patterns will appear in the series in 2018, all of which will be available exclusively to Gold & Platinum Podcast Patrons.

This first pattern is themed around winter with the stitch design depicting the softly falling snowflakes of a quiet winter day. I chose a yarn that looked frosty and crisp, just like the perfect Christmas Day morning. The stitch pattern is simple and pretty and seems to knit up in a flash, perfect for last minute gifts.

I hope you enjoy knitting up your own socks, I can't wait to see them !

Kayx



YARN

One skein of a fingering weight yarn, approximately 400 yards.

The pattern is knit using Bakery Bears yarn in the 'A Mermaids Tale' colourway.

NOTIONS

2.25mm (US size 1) 32 inch (80 cm) circular knitting needle for knitting the magic loop method (you can use double pointed needles if that is your preferred method). Adjust your needle size to obtain gauge if necessary.

Tapestry needle.



GAUGE

34 stitches and 48 rows = 4 inches/10cm.
Washed and blocked measurement, in stocking stitch.

FINISHED DIMENSIONS

One size only to fit an average female foot, with an approximate 9 inch (23cm) foot circumference.

Size can be adjusted by using a thicker yarn and/or adjusting your needle size.

ABBREVIATIONS

k - knit.
p - purl.
s - slip.
yo - yarn over
cdd - central double decrease by slipping 2 stitches together knitwise, knit 1 and then pass the 2 slipped stitches over the stitch you knit.
ssk - slip a stitch knit wise, slip a second stitch knit wise and then knit these 2 stitches together through the front loop.
p2tog - purl 2 stitches together.
k2tog - knit 2 stitches together.
pm - place marker



CUFF

Cast on 64 stitches and join for knitting in the round. I cast on using the long tail method. The front needle as you look at your work will be needle 1 and the back needle will be needle 2.

Round 1 - (k2, p2) repeat to the end of the round.

Repeat round 1 for a total of 15 rounds, or your preferred cuff length.

LEG

Knit 1 round, decreasing 4 stitches evenly around (60sts).

LACE PATTERN

Round 1 - (k1, p3, k1) repeat to end of round.

Round 2 - knit all stitches.

Round 3 - as round 1

Round 4 - knit all stitches.

Round 5 - (k1, yo, cdd, yo, k1) repeat to end of round.

Round 6 - knit all stitches.

Repeat these 6 rows until you reach your desired leg length, ending on a round 6.



HEEL FLAP

The heel flap is worked back and forth over half of your total stitches, and is knit on needle 2 (this is the back of your work as you look at it).

Row 1 - s1, purl to the end of the row. Turn your work.

Row 2 - (s1, k1) repeat to the end of the row. Turn your work.

Repeat the above 2 rows for a total of 15 repeats. You will have completed 30 rows.

HEEL TURN

Row 1 - s1, p19 p2tog, turn your work.

Row 2 - s1, k10, ssk, turn your work.

Row 3 - s1, p10, p2tog, turn your work.

Row 4 - as row 2.

Repeat rows 3 and 4 until you have used up all your stitches that are on either side of the centre heel stitches. You will be left with 12 stitches on your needle.



GUSSET PICK UP

Using the same needle that is now holding your heel stitches, pick up and knit 15 stitches along the side of the heel flap. The slip stitches will make it easy for you to see these stitches along the edge. Pick up 1 extra stitch in the gap to avoid any holes. Place a stitch marker at this point.

You will now knit across needle 1 in the lace pattern, when you reach the halfway point of this row you need to push those stitches onto needle 2. You now have just 15 stitches on needle 1 which you will knit in the lace pattern.

Place a stitch marker before picking up 1 stitch to close the gap as previously, and then pick up 15 stitches along the other side of the heel flap. Now using the same needle, knit 6 stitches from the heel turn.

The start of your round is now at the centre of the heel.

GUSSET DECREASE SET UP ROUND

Knit to first marker, slip marker and work in lace pattern to second marker. Slip marker and knit to end of round.

You are now ready to begin the gusset decreases.

GUSSET DECREASES

Round 1 - Knit to 3 stitches before the first marker, k2tog, k1. Slip marker and then knit in lace pattern to the second marker, slip marker, k1, ssk, knit to end of round.

Round 2 - Knit to first marker, slip marker and then knit in lace pattern to the second marker, slip marker and knit to end of round.

Repeat these 2 rounds until you have 30 stitches on each needle. You will now be back to your original cast on number of 60 stitches.

FOOT

On the next round you can remove the stitch markers and rearrange your stitches so that you have your instep stitches on needle 1 and your sole stitches on needle 2.

You will now work the foot of your sock, knitting in the lace pattern on needle 1 and knitting all stitches on needle 2.

Continue knitting until your foot measures approximately 1.5 to 2 inches shorter than your desired length. You should end on a round 4 of the lace pattern.

TOE DECREASES

Round 1 - k1, ssk, knit to last 3 stitches of needle 1, k2tog, k1. Repeat across needle 2. (56 stitches).

Rounds 2 and 3 - knit all stitches.

Round 4 - as round 1. (52 stitches).

Rounds 5 and 6 - knit all stitches.

Round 7 - as round 1. (48 stitches).

Round 8 - knit all stitches.

Round 9 - as round 1. (44 stitches).

Round 10 - knit all stitches.

Round 11 - as round 1. (40 stitches).

Round 12 - knit all stitches.

Round 13 - as round 1. (36 stitches).

Round 14 - knit all stitches.

Round 15 - as round 1. (32 stitches).

Round 16 - as round 1. (28 stitches).

Round 17 - as round 1. (24 stitches).



You will now be left with 24 stitches. You can now cut your yarn leaving a long tail. Using the Kitchener Stitch, graft your remaining stitches.

You now just need to weave in your ends, and knit another one !



A huge thank you to you all for your support, I really hope you enjoy knitting a pair of these up !

Hugs

Kay x