

Best exercises for short practice routines

BERNTH
Shred Guitar Community

Standard tuning

Moderate ♩ = 120

One position
EX 1 - Octaves

Musical notation for EX 1 - Octaves. The exercise is in 4/4 time and consists of four measures. The first measure starts with a forte (f) dynamic. The notation includes a treble clef, a 4/4 time signature, and a first ending bracket. The notes are quarter notes: G4, A4, B4, C5, D5, E5, F5, G5. The tablature below shows fret numbers: 3, 3, 5, 5, 3, 3, 5, 5, 3, 3, 5, 5, 3, 3.

Moved through scales

Musical notation for Moved through scales. The exercise is in 4/4 time and consists of four measures. The notation includes a treble clef and a second ending bracket. The notes are quarter notes: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, B5, A5, G5, F5, E5, D5, C5. The tablature below shows fret numbers: 3, 3, 5, 5, 7, 7, 6, 6, 8, 8, 5, 5, 7, 7.

One position
EX 2 - Chords

Musical notation for EX 2 - Chords. The exercise is in 4/4 time and consists of four measures. The notation includes a treble clef and a third ending bracket. The notes are quarter notes: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, B5, A5, G5, F5, E5, D5, C5. The tablature below shows fret numbers: 3, 3, 5, 5, 5, 5, 4, 4, 3, 3, 4, 4, 5, 5, 5, 5.

Moved through progressions

Musical notation for Moved through progressions. The exercise is in 4/4 time and consists of four measures. The notation includes a treble clef and a fourth ending bracket. The notes are quarter notes: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, B5, A5, G5, F5, E5, D5, C5. The tablature below shows fret numbers: 3, 3, 5, 5, 5, 5, 4, 4, 3, 3, 4, 4, 5, 5, 5, 5.

5

TAB 5 5 6 6 5 5 6 6 4 4 6 6 5 5 6 6

6

TAB 6 6 8 8 7 7 8 8 6 6 8 8 7 7 8 8

7

TAB 8 8 10 10 8 8 9 9 8 8 9 9 8 8 10 10

Keep fingers close to neck

EX 3 - Arpeggios

8

TAB 7 10 9 8 7 8 9 10

Experiment with variations

9

TAB 7 10 9 8 7 8 10 8 | 7 8 9 10 7 10 9 8

Focus on clean hammer-ons & pull-offs

EX 4 - Legato

Move it higher to make it harder

11

TAB 7-8-9-10 | 7-8-9-10-10-9-8-7 | 10-9-8-7 | 17-18-19-20 | 17-18-19-20-20-19-18-17 | 20-19-18-17