

# Perfect body

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This is the story of Kate, a girl obsessed with fitness and health lifestyle. She is a stunning natural blonde, blue-eyed beauty and her toned physique makes her even more attractive to every man she encounters.

“A couple inches to my ideal size” - Kate told herself. She had turned fitness into a full-time job, and began a career as an influencer on social media, so nothing was going to stand in her way towards a perfect body. To most observers she already achieved a perfect body shape but she always pushed herself to her limits to slim down her waist even further.

One day, she found an online advertisement for a new diet drink that seemed to promise exactly what she was looking for.

Not worried about possible side effects, she ordered the product and began drinking it regularly.



At first, no visible changes happened. Fearing it might be after all one of the many online scams that existed, she decided to give it one more shot and doubled the doses, emptying her reserve of drinks in just a week.

Even if there is no visible effect, she starts to like the taste of the drinks. So much so, that she decided to continue drinking them regularly even when she has given up on hopes that it will do anything to improve her already toned physique.

Unnoticed by her, a few changes began to take place: the roots of her hair began to grow darker, to the point that her natural blonde hair seemed dyed given the darkness of her regrowth. Her skin also began to tan more easily than before.

At first she tried to ignore the changes as any modification to her beauty unnerved her but then she began to ponder whether this had anything to do with the drinks.

Anyway, she had grown too addicted to them and couldn't stop drinking them even if she wanted to.



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Then the changes began to speed up and within a short time her hair turned suddenly dark brown and grew longer. At the same time her fair complexion turned darker and her blue eyes became brown, giving her a very exotic appearance.

Kate stared at herself in the mirror, transfixed. She looked nothing like herself and more like a Mediterranean or Latin American beauty, mixed with something maybe but definitely not like the all-American girl she was after all!

Deeply shaken by the loss of her original ethnicity she stopped drinking the drinks for a few days and stopped uploading fitness videos as well as nobody could believe the brunette beauty was really her. She considered bleaching her hair blonde and wearing color contacts but with her new complexion it would most likely look fake and unnatural.

After a few days, she went shopping and realised that as long as she was wearing black clothes her skin seems relatively pale and her general complexion more within of the bounds of what she considered passably white.

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As her skinny figure was not affected, she decided she could live with her new body and inaugurated a new fitness channel with a new name, Cristina.

Being perceived as a hot Latina fitness trainer, she drew attention among a different audience and eventually followed the request of many of her followers who were demanding Spanish versions of her videos as well.

She quickly became very popular again on the Internet and realised that her new features could be an asset that could make her even more successful.

Eventually, however, her channel stagnated and began losing viewers, who grew bored of seeing always the same sort of content.

Distressed by this, she decided to order another box of diet drinks hoping to turn things around. "There are so many Asian fitness trainers online, it would be cool to look like them" - she told herself, completely losing any inhibitions and fears about losing herself more and more.

So she began drinking the beverage on a regular basis once again.



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However, the changes didn't turn out to be those she was hoping for as her hair began to curl up and her skin tone became even darker, until she acquired an unmistakable partial African heritage.

This time she was really distressed and pissed off with herself. "Jeez, Kate, you had won the genetic lottery being a hot blonde and messed up this way!" - she told herself.

She realised the effect was a lot quicker this time, probably her body was already receptive to the drug, so she decided to stop drinking the beverages already after a few days. However, the changes weren't over yet. While at the beginning it was still possible to straighten her hair quite easily, its texture became so kinky that she soon had to look for a hairdresser specialised in black hair, which was a very new experience for her. When she asked to get her hair straightened she realised what after the success of the natural hair movement such a request wasn't well received among hairdressers in the rather woke area where she lived so the best she managed to get was getting her hair styled in a more regular way, yet remaining as curly as ever.



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Kate was now a beautiful skinny black girl but she struggled more to accept herself than after the previous transformation. Being a tanned brunette, mistaken for Latina was one thing but now nobody was going to assume she was anything than Black, and she wasn't ready for this. However, she had to keep going so she changed some tags on her channel yet again and started from scratch with a new name, Kayla.

She also learned to take care of her new hair and began making videos promoting natural hair and accepting one's natural hair texture, rather than fighting against it. She didn't feel passionate about this theme of course but noticed it made her new channel popular, probably some algorithm favoured videos promoting this sort of content - she thought, so why not?

By keeping up with her training routines she kept her slim figure intact but one day she mixed up the diet drink bottle with something else, so some of the last remaining liquid in her possession slipped in a smoothie she was making for herself.

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In no time her breasts swelled up and started to grow, reaching an unprecedented size for her. Her skin also darkened a bit more, reaching the full extent of the ethnic transformation capabilities of the drink.

Kayla panicked over the loss of the last remaining feature of her original body, her slim figure, but the transformation was not over yet.

Her hips and butt also began to gain fat out of nowhere and her breasts increased even more in size, until she reached a size that was borderline overweight, yet amazingly sexy, just not in her old way. She was now a curvy, foxy Black girl, bearing no apparent resemblance to her old physical self.

Kayla was a girl who gave the impression not to care too much about fitness and ideal body figures but had a natural sexiness to her.



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Kayla initially struggled massively to accept her new body. She even looked up dieting or surgery options to fix her frame but her metabolism had changed too so she quickly realised that no amount of dieting or surgery could now do anything to alter appearance. She had become a thick Black girl for good.

However, with no formal education to show for, being an online influencer was her only option so she decided to rebrand herself as a body positivity testimonial. She told her new audience about how she initially struggled to accept her body shape and hair texture but then learned how to accept them and even turned them into assets.

She learned to wear dressed highlighting her best features and mastered a different way to be sexy compared to before.

After some time, she became so accustomed to her new self it came natural to her to spread her message and to condemn the unrealistic beauty standards she once embodied so perfectly. She eventually