

#10DayBluesChallenge

Day 1

Round 2 in E



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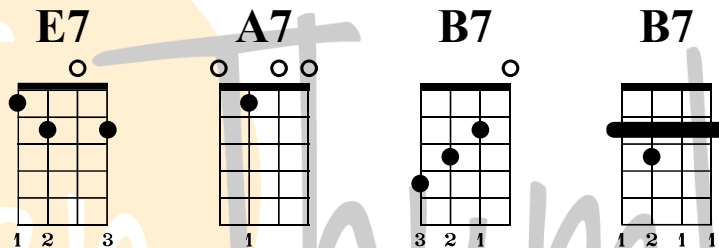
Key: E

Tempo: Any

Chords needed: E7, A7, B7

Video Tutorial: <https://www.youtube.com/watch?v=Yn8j1r9ri2k>

Chord Shapes: Use the B7 shape that you are most comfortable with



What is a bar?

A Bar is a measure of music, a measure of music is fixed number of beats. Beats a rhythmic unit. When you listen to music and you clap your hands and stomp your feet you are marking the beat. Most music is in 4/4. That means 4 quarter tone beats. That basically means if you clap on every beat you would clap four times to complete a measure.

What is a 12 bar?

This is a very common chord progression in the blues, almost all blues uses this format. There is a much less common 8 bar blues, but the 12 bar is about 99% of all blues songs. It follows this particular chord progression

The progression

1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & |
E7 | E7 | E7 | E7 |

1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & |
A7 | A7 | E7 | E7 |

1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & |

B7 | A7 | E7 | B7 |
 Adding Rhythm - Start with just a down strum with your index finger on the first beat

1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & |
 E7 | E7 | E7 | E7 |
 D | D | D | D |

1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & |
 A7 | A7 | E7 | E7 |
 D | D | D | D |

1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & |
 B7 | A7 | E7 | B7 |
 D | D | D | D |

Progress to downs on all the ¼ beats - Still using index finger

1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & |
 E7 | E7 | E7 | E7 |
 D D D D | D D D D | D D D D | D D D D |

1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & |
 A7 | A7 | E7 | E7 |
 D D D D | D D D D | D D D D | D D D D |

1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & |
 B7 | A7 | E7 | B7 |
 D D D D | D D D D | D D D D | D D D D |

Last step, strumming up on the &, all with the index finger, try and give it swing (not so robotic)

1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & |
 E7 | E7 | E7 | E7 |
 D U D U D U D U | D U D U D U D U | D U D U D U D U | D U D U D U D U |

1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & |
 A7 | A7 | E7 | E7 |
 D U D U D U D U | D U D U D U D U | D U D U D U D U | D U D U D U D U |

1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & | 1 & 2 & 3 & 4 & |
 B7 | A7 | E7 | B7 |
 D U D U D U D U | D U D U D U D U | D U D U D U D U | D U D U D U D U |