

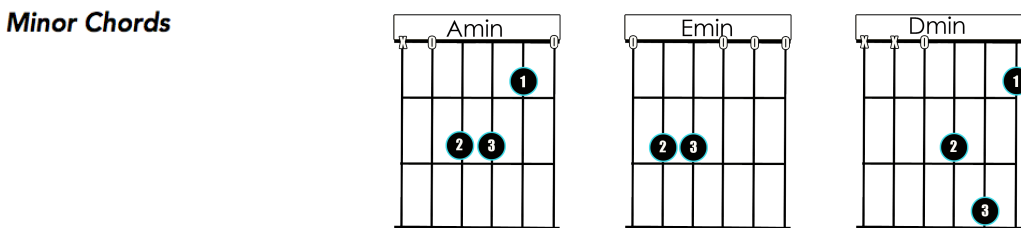
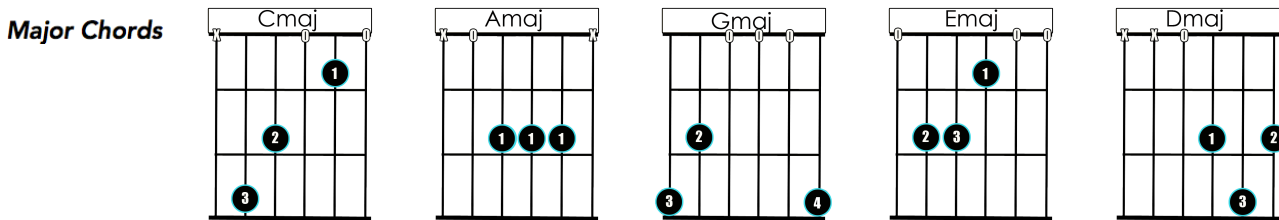


Hello friends,

And welcome to a two-part beginner guitar lesson. In section one of this lesson, I'll break down how to play the **8 essential guitar chords** in the *open position*. In section two, we'll put those chords to work as we learn **three common chord progressions**, and **strumming techniques** that can be applied to thousands of different songs. Let's get started!

Section One - The 8 Essential Guitar Chords

In this section we will learn the common "open position" chord shapes, these are chords that are performed on the first three frets, and feature open strings. Notice how the names of the major chords spell out the word "CAGED." Learning these chords will open the door to being able to play thousands of well-known songs, and to writing your own originals!



Section Two - Three common chord progressions, and Strumming Patterns

The majority of popular songs are performed using common chord progressions.

Progression #1 - The 1.6.4.5 "Pop Progression" in the key of G major:

Gmaj //// | Em //// | Cmaj //// | D //// |

Pop Strumming: **1 & 2 & 3 & 4 &** Alt Rock Pattern: **1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &**
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Progression #2 - The 1.4.5 "12 Bar Blues" Progression in the key of A major:

Amaj //// | //// | //// | //// | Dmaj //// | //// |

Amaj //// | //// | Emaj //// | Dmaj //// | Amaj //// | //// |

Swinging 8th Note Pattern: **1 & 2 & 3 & 4 &**
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Progression #3 - The Minor 1.4.5 "8 Bar Blues" Progression in the key of A minor:

Amin //// | //// | Dmin //// | //// | Emin //// | //// | Am //// | Em //// |

Root Strum Pattern: **1 & 2 & 3 & 4 &**
R ↓ ↑ **R** ↓ ↑