

# Ultimate Guitar Workout

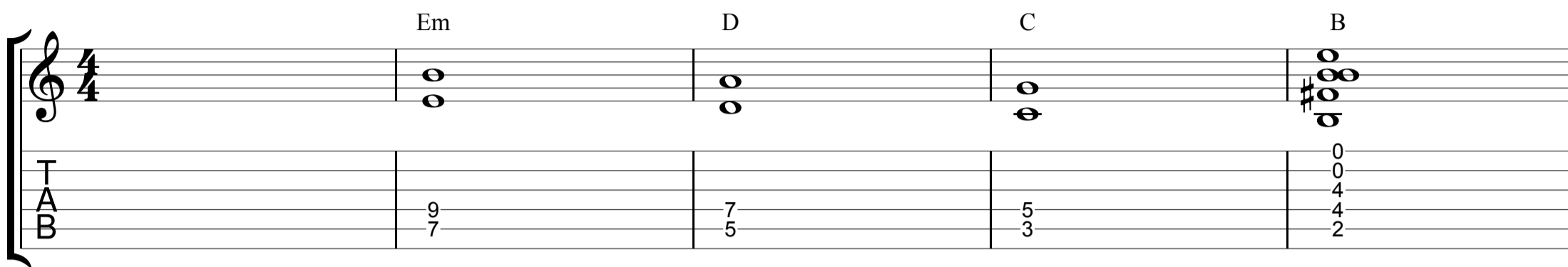
## Andalusian Multivitamin

Shred

♩ = 150

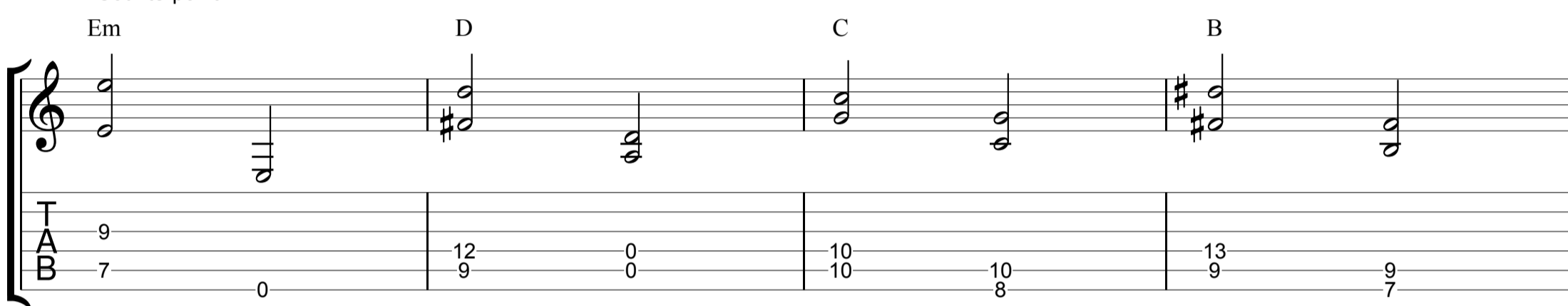
### Power Chords

Em D C B



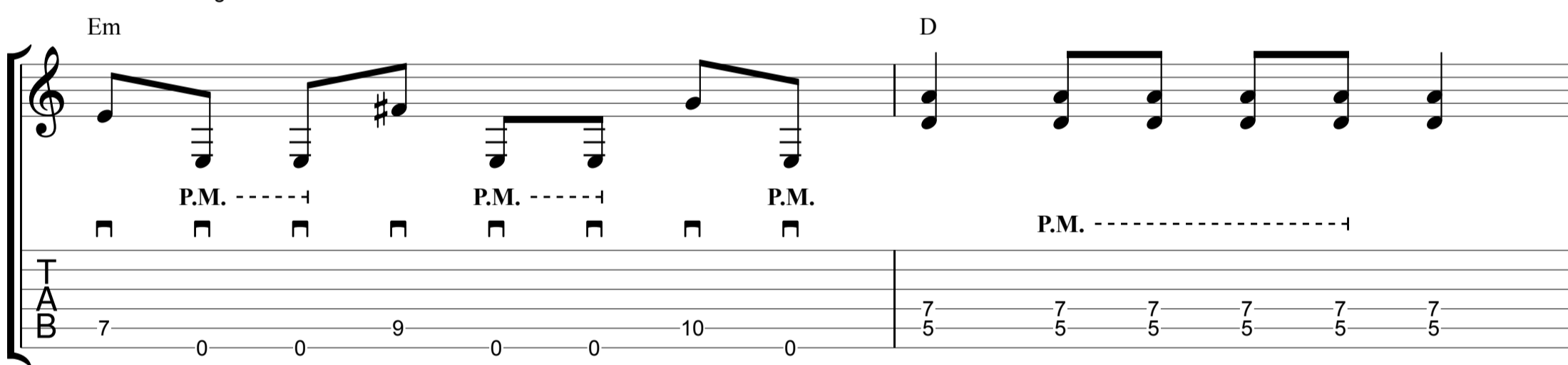
### Counterpoint

Em D C B

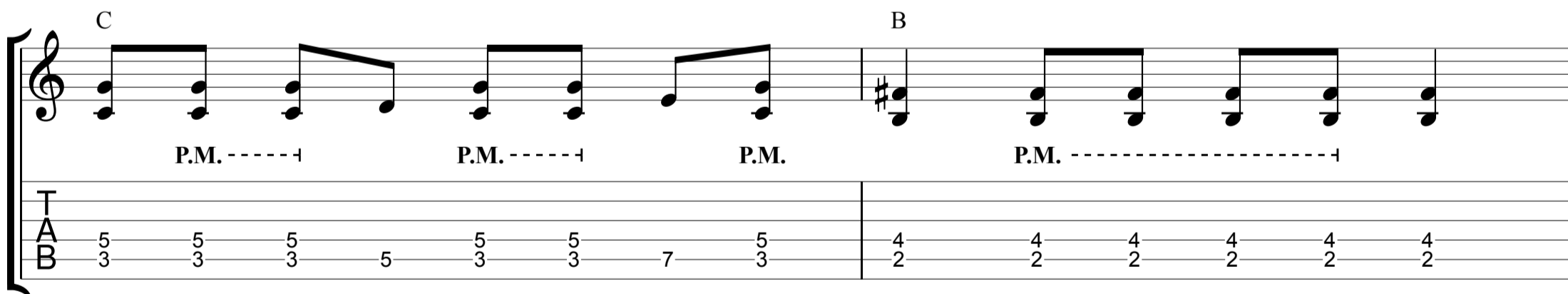


### Down Picking

Em D

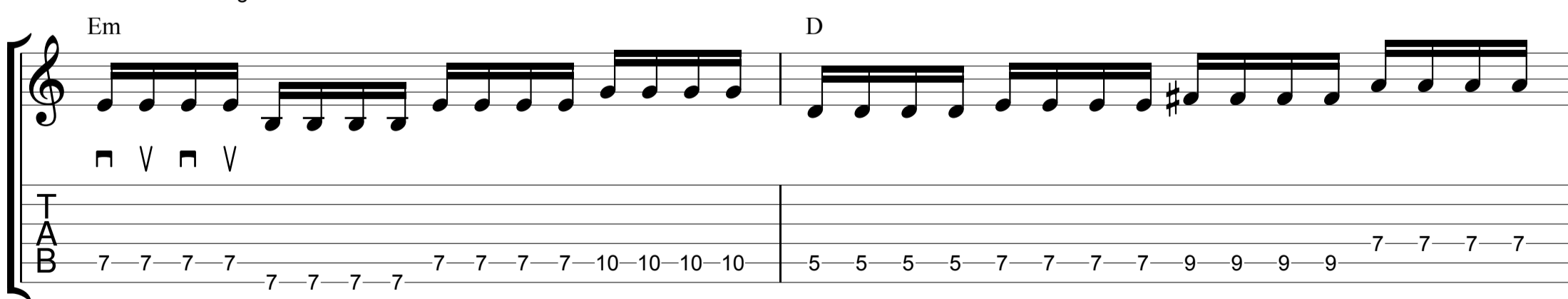


C B



### Tremolo Picking

Em D



C B

TAB 3 3 3 3 3 3 3 3 3 3 5 5 5 5 | 2 2 2 2 3 3 3 3 6 6 6 6 9 9 9 9

Em D

TAB 12 12 14 14 15 15 14 14 15 15 14 14 12 12 14 14 | 10 10 12 12 14 14 12 12 14 14 12 12 10 10 12 12

C B

TAB 8 8 10 10 12 12 10 10 12 12 10 10 8 8 10 10 | 7 7 8 8 10 10 9 9 10 10 8 8 7

Chugs

Em D C B

P.M. ----- P.M. ----- P.M. -----

TAB 9 9 9 9 9 9 9 9 9 9 | 7 7 7 7 7 7 7 7 7 7 | 5 5 5 5 5 5 5 5 5 5 | 4

7 7 7 7 7 7 7 7 7 7 | 3 3 3 3 3 3 3 3 3 3 | 2

0

Sweep Picking

Em D

TAB 12 12 12 14 15 14 12 12 12 12 14 15 14 12 12 12 12 14 15 14 12 | 10 10 12 14 12 10 10 10 12 14 12 10 10 10 12 14 12 10

14 12 14 12 12 11 12 11 10

C B

TAB 10 9 8 8 10 12 10 8 10 9 8 8 10 12 10 8 | 9 8 7 7 8 10 8 7 9

Legato + Hybrid Picking

Em D

0 0 9 11 12 11 9 10 9 7 9 10 0 0 7 9 11 9 7 5 7 9 9 7 5 7 9

C B

0 0 5 7 9 7 5 7 5 3 5 7 0 0 4 5 7 4 2 3 5

Finger Tapping

Em7 D7

12 15 17 15 12 12 14 17 17 10 12 16 16 10 14 17

Cmaj7 B7

8 12 13 12 8 9 10 14 14 7 9 13 13 7 10 12 10 7 7 11 14

P.M.

7 0 12 9 10 9 0 8 2 2 2 0 2 2 2 0 2 2 0