White Chocolate Pudding Pie

Recipe makes 8 servings

<u>Ingredients</u>

- I box Sugar Free White Chocolate Jello Pudding Mix
- I Chocolate Pie Crust (9 inch)
- 2 cups Vanilla Premier Protein Ready to Drink Shake (about 1.5 bottles)



Instructions

- I. Start by adding your box of pudding mix into a mixing bowl along with 2 cups of your Premier protein shake. Mix for I-2 minutes.
- 2. Pour your mixture into your pie crust and place in the fridge overnight.
- 3. When you are ready to eat, cut into eight slices, top with your favorite topping, and enjoy!

Nutrition Profile

- per serving -

Calories - 153
Fat - 7g
Carbohydrates - 13g
Protein - 8g
*Fiber - 1g

Notes

- Be sure to refrigerate this pie and any leftovers.
- This type of dessert is a great way to feel like you are eating pie, while not eating a lot of calories.