

Chewing the Fat:

with **Nikki Maialina**

A candid conversation with the corpulent cutie about carbs, classrooms, and how consensual teasing can be pleasing.

Welcome to *Chewing the Fat*, Mavrip's interview series with notable BBW, gainers, illustrators, writers, and webmasters about their weight-gain proclivities and activities.

When Riptoryx first mentioned Nikki as a candidate for our inaugural interview, I wasn't familiar with her. Shame on me! Nikki could be both the body and face of our multifaceted fetish. Not only is she a BBW, gainer, and occasional feeder, she's into many of the darker elements, such as teasing and humiliation, that are core Mavrip tenets which make up the, er, **bulk** of our weight-gain fiction. And with video titles like "*Too Wide for the Doorway?!*," "*Too Fat to Fuck*," and "*Stairs Suck*" she ~~addresses~~ showcases her issues with stuckage, fuckage and fitness head-on. She's our kind of girl!

Once we agreed that Nikki was the perfect choice to feature first, we reached out to her for an interview. Fortunately, she was familiar with who we were and, even more fortunately, didn't hold that against us! Our eventual conversation was lengthy and insightful, revealing a confused and conflicted youth who would blossom into a charming if not-yet-fully-grown gal with strong beliefs and convictions...and more than a few perverse surprises behind those innocent chocolate-brown eyes!



Mavrip: Your bio mentions having a weight-gain fetish for "as long as I can remember." What are some of your earliest gainer-oriented memories?

Nikki: I really do feel like I was born this way. One of my earliest memories is of me padding my clothes! I was never introduced to this kink, I went *looking* for it. Way back in the early aughts when smartphones weren't really a thing and we still used dialup. I wondered if I was the only one who liked what I did. I was amazed to find a whole community just like me! Granted, I still felt alone. Why was I an athlete dreaming of becoming fat? Why did I like things none of my friends did? I felt like an alien growing up.

Mavrip: Why did you fight it?

Nikki: It may be hard to believe now but back in the day I was an athlete! I played basketball all throughout school and in high school I added track and cross country to the list. Of course, I'm also a millennial and grew up bombarded with "FAT = BAD" messaging drilled into my brain. All the teen idols of the day were twigs and if you were heavier than that it was considered shameful. It took a long time to unlearn that!

Mavrip: Any sneaky behind-the-scenes indulgences?

Nikki: I definitely did do some sneaky binges here and there. And the first time I remember actively trying to gain was in high school.

Mavrip: That had to be a tricky situation, with you being a multi-sport athlete and all, though I imagine the fit-to-fat juxtaposition was exhilarating! I understand moving to Italy for a year really exacerbated your gain. Was it a freedom thing? Or was there a handsome Italian man feeding you cannolis?

Nikki: It was honestly both! When I got there I realized I was free from judgment (mostly from family) so I almost immediately began gaining upon arrival. One of the things I regret most about those early days was not taking more pictures! I was drinking roughly two liters of whole milk a day. I indulged in all the delicious Italian treats like gelato and cannoli and tiramisu. I lived on carbs. After a few months I met an Italian feeder who sent me food deliveries several times a week, not to mention cooking delicious traditional Italian meals for me. I absolutely ballooned! I gained about 50 pounds that first year.

Mavrip: Nice! What were you when you started?

Nikki: I started at 185 pounds when I got there in January 2019.

Mavrip: Is that when your gaining efforts became deliberate?

Nikki: I had intentionally gained then chickened out so many times over the years I lost count. The difference this time was I didn't get scared and quit. I kept going and got past the mental roadblocks I had! I think that has a lot to do with having an in-person feeder and beginning to model. I had a support system and I didn't feel like I had to be someone I wasn't. I could just give in and grow!

Mavrip: How did friends and loved ones react upon your return to the States?

Nikki: I have really amazing friends and I'm really lucky! They've been so cool and supportive about everything. I'm so grateful for them. My family, however, was a bit more judgmental. My mom has made a few comments here and there but the one with the biggest problem is my grandmother. She has absolutely no filter about my size! She thinks I won't find a man if I'm heavy and has said numerous times I need to diet and exercise. She'd be completely shocked to find out that people actually want me bigger. It'd blow her mind.

Mavrip: Was there a "coming out" moment?

Nikki: My family knows I am happy and comfortable with my size. I make it clear I have no interest in dieting and I'm comfortable with my size, but I don't like discussing the sexual side of things with them for obvious reasons. My mother did discover my [Boost VHC](#) order once so it's safe to say she's well aware it's intentional. We just don't discuss it. As for my friends, I did tell my two closest friends and they were awesome about it! Super supportive and didn't judge me at all. I'm very lucky!

Mavrip: Now you're living in England. Are you finding it difficult to get fat on UK cuisine?

Nikki: Not at all! I've found all sorts of fattening goodies over here. I mean there's the classic fried greasy goodness of fish and chips for a start. I have to have it weekly at least. I also enjoy having a big full English breakfast, it's the perfect way to start a lazy day. There are all sorts of yummy varieties of Cadbury and other chocolate bars plus cookies, cakes, and pastries. Plus the UK has several US fast food chains, including Krispy Kreme, so I can still get my fattening American fix.

Mavrip: As a well-traveled woman, have you noticed a disparity in geographic/cultural reactions to your weight and lifestyle?

Nikki: I was smaller when I lived in Italy but still routinely the fattest person in the room. My thigh would always be on the next seat on the bus. It was rare to see someone my size or larger. In Prague it was a bit more common to see people my size but still definitely in the minority. I feel very at home in the UK, though!

Mavrip: It seems counter-intuitive on the surface, especially in countries where thin is so in, but would you say your size disparity worked in your favor from a dating/sexual standpoint? (It seems to have worked in Italy!) People love forbidden fruit, after all.

Nikki: Not really, no. The thing is, people want to hook up but they're embarrassed to be seen with you. The guy I dated in Italy was different and had no insecurities about being seen with me. We're still friends to this day! But in countries where it's taboo, you're almost always someone's dirty little secret.

Mavrip: A lot of your videos and other creative erotica content focus on weight gain as a transformative process rather than on "fatness" itself in a static sense. Also, you often seem to play with what some might consider to be "negative" aspects of weight gain: things like reduced (conventional) attractiveness, diminished physical fitness, as well as teasing and humiliation associated with those developments. What is it that makes this mix so arousing?

Nikki: For me, most of the excitement and arousal is from the gaining process itself. Fat is beautiful, don't get me wrong! I still get excited about it. But more than anything I enjoy getting fatter and others getting fatter. That transformation is the sexiest thing in the world to me!

As for “negative” aspects, I really don’t know where that came from! It’s always been a massive turn on for me but with one caveat: it has to be consensual. Getting fat shamed by a vanilla stranger is not something I enjoy in the least. I think a lot of it comes from the intent of the teasing. If they’re saying it because they think I’m hot, it’s great. If they’re saying it to be mean? They’re just an asshole.

Mavrip: You identify as both a feedee and feeder, as well as a mutual gainer. Are there particular types of persons and gaining scenarios to which you are especially drawn?

Nikki: It may sound like a cop out but for me, it’s all about the personality and if we share kinks! If I had to pick a type I’m more drawn to than anything, it’s the nerdy type. I’m an absolute sucker for it! But really, a partner doesn’t need to be a gainer as long as they’re happy to make me fatter. I can also be dominant or submissive so I’m happy with either role. But for it to work, feedism has to be involved in some way.

Mavrip: Some people find that their specific feedism kinks and preferences evolve over time. Has that been the case for you?

Nikki: Absolutely! I used to think I just wanted to be chubby but as I grew my goal weight kept increasing. Being 400 pounds never appealed to me before but now? Yes please! I also never ever got excited by the idea of immobility then suddenly I found myself getting off to it. I used to be much more into the meaner domination, now I’m drawn more to soft dom and being spoiled and pampered. I still love to be teased and fat shamed, but now the way I want to be teased and fat shamed has changed.

